Mom's Best Bite-Size Meatballs



PREP 20 min. TOTAL 36 min. MAKES 25 servings, 2 meatballs (71 g) each.

what you need

2 lb. (900 g) lean ground beef

1 pkg. (120 g) Stove Top Stuffing Mix for Chicken

1 cup water

2 eggs

1 bottle (455 mL) Kraft Original BarBQ Sauce

1 can (460 g/398 mL) whole berry cranberry sauce

make it

HEAT oven to 400°F.

LINE 2 (15x10x3/4-inch) pans with foil; spray with cooking spray. Mix meat, stuffing mix, water and eggs until blended. Shape into 50 (1-1/2-inch) meatballs; place in prepared pans.

BAKE 16 min. or until done (160°F). Meanwhile, bring barbecue sauce and cranberry sauce to boil in large saucepan on medium heat, stirring occasionally.

ADD meatballs to sauce; stir to evenly coat.

nutrition information per serving (2 meatballs (71 g))

140 calories, 6 g total fat, 2.0 g saturated fat, 35 mg cholesterol, 290 mg sodium, 13 g carbohydrate, 0 g dietary fibre, 9 g sugars, 8 g protein, 0% DV vitamin A, 2% DV vitamin C, 0% DV calcium, 8% DV iron.

